

Idaho Resources on Living and Aging

General Aging Topics / Information

AARP Idaho: <http://states.aarp.org/region/idaho/>

Idaho Commission on Aging: <https://aging.idaho.gov/>

Idaho State University Annual Health Conference: <https://www.isu.edu/healthconf/>

Boise State University Center for the Study of Aging: <https://hs.boisestate.edu/csa>

Community Education: <http://www.boiselearns.org/pub/>

Smart Strategies for Successful Aging: <http://www.agegracefullyamerica.com>

Senior Centers across Idaho: http://www.careforidaho.org/list11_Idaho_senior_centers.htm

Lifelong Learning

Osher Institute Lifelong Learning Institute: <https://extendedstudies.boisestate.edu/osher/>

AARP Idaho: <http://states.aarp.org/region/idaho/>

Fitness / Prevention Programs

Fit and Fall Proof: <http://www.cdhd.idaho.gov/hl-fitandfallproof.php>

Idaho Senior Games: <http://www.idahoseniorgames.org/>

Financial / Insurance

Department of Insurance, Senior Health Benefits Advisors:

<http://www.doi.idaho.gov/shiba/AboutUs.aspx>

Alzheimer's and Related Dementias / Caregiving

Alzheimer's Association:

Greater Idaho Chapter: <http://www.alz.org/idaho/>

Washington State (serving Northern Idaho): <http://www.alz.org/alzwa/>

Utah (serving Southeast Idaho): <http://www.alz.org/utah>

Idaho Alzheimer's Planning Group: <https://hs.boisestate.edu/csa/iapg/>

Idaho Commission on Aging: <https://aging.idaho.gov/>

Walk to End Alzheimer's: http://act.alz.org/site/PageServer?pagename=walk_chapter&scid=1738

Parkinson's Disease

Dance for Parkinson's: <https://danceforparkinsons.org/find-a-class/class-locations/united-states/idaho>

Northwest Parkinson's Foundation Support Groups: <https://nwpf.org/participate/support-groups/idaho>

Elder Abuse / Exploitation

Justice Alliance for Vulnerable Adults: <https://javidaho.org>

Idaho Guardian and Fiduciary Association: <http://idahoguardianship.org/>

Idaho Legal Aid: <http://www.idaholegalaid.org/>

Senior Health Insurance Benefits Advisors / Idaho Department of Insurance:
www.doi.idaho.gov/shiba/

Arts / Education / Volunteerism

Idaho Commission on the Arts: <https://arts.idaho.gov/>

Idaho State University: <https://www.isu.edu/healthconf/>

Senior Corps Programs: www.nationalservice.gov/programs/senior-corps/senior-corps-programs

Smart Strategies for Successful Living: <http://www.agegracefullyamerica.com/community-events/>

Advance Care Planning / End of Life

Honoring Choices® Idaho: www.honoringchoicesidaho.gov

Idaho Quality of Life Coalition: <http://idqol.org/>

Grandparents as Parents

Idaho KinCare Resources: <http://211.idaho.gov/kincare.aspx>*Frontline “Being Mortal”